SUTHERLAND PUBLIC SCHOOL

October 2020 - MENUS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER	toick.		MILK IS SERVED WITH EVERY MEAL: *1% WHITE *FF CHOCOLATE *FF STRAWBERRY	1 Oatmeal, Trix Bar, fruit, juice. Cheeseburgers on w/g buns, pickles, salad bar, milk.	2 NO SCHOOL	3
4	5 Cereal, muffins, fruit, juice. Pizza, fruit cups, salad bar, milk.	6 Waffles, ham, fruit, juice. Beef tacos, cheese, salsa cups, salad bar, milk.	7 Scrambled eggs, sausage, fruit, juice. Macaroni & cheese, peas, dinner rolls, salad bar, milk.	8 Oatmeal, banana bread, fruit, juice, Potato patty, cinnamon buns, salad bar, milk.	9 Cereal, poptarts, fruit, juice. Hot dogs, chips, sugar cookies, salad bar, milk.	10
11	NO SCHOOL	13 Pancakes, ham, fruit, juice. Crispitos w/ toppers, chili, cheese, salad bar, milk.	14 French toast, sausage, fruit, juice. Hot ham & cheese on w/g buns, salad bar, milk.	15 Oatmeal, rice crispy bar, fruit, juice. Chicken nuggets, smilie fries, churros, salad bar, milk.	16 Cereal, poptarts, fruit, juice. Grilled cheese, cup of soup, rice crispy bars, salad bar, milk.	17
18	19 Cereal, yogurt, fruit, juice. Walking tacos, meat, cheese, salad bar, milk.	20 Waffles, ham, fruit, juice. Chicken patty on w/g bun, salad bar, milk.	21 Scrambled eggs, sausage, fruit, juice. Italian dunkers, french bread, salad bar, milk.	22 Oatmeal, apple cinnamon bread, fruit, juice. Corn dogs, baked beans, chocolate chip cookies, salad bar, milk.	NO SCHOOL	24
25	26 Cereal, Trix Bar, fruit, juice. Burritos, cheese, yogurt, salad bar, milk.	27 Pancakes, ham, fruit, juice. Macaroni & cheese, peas, dinner rolls, salad bar, milk.	28 French toast, sausage, fruit, juice. Hot ham & cheese on w/g buns, salad bar, milk.	29 Oatmeal, muffins, fruit, juice. Chicken & noodles, mashed potatoes, green beans, biscuits, salad bar, milk.	30 Cereal, poptart, fruit, juice. Sandwich bar (turkey or ham), cheese, chips, sugar cookie, salad bar, milk.	31